

Item # MS-00076 or
MS-00077

Item: Single Free Standing Ballet Bar

Warning:

Read ALL instructions thoroughly before using any and all equipment manufactured or distributed by AboutBallet.com. Because of the nature of the sport, the possibility of injury is inherent in gymnastic and athletic activity. The equipment is intended for use only by properly trained and qualified participants under supervised conditions. When you use these products, know your limitations and the limitations of your equipment. Keep your equipment in good condition by inspecting for loose fittings or damage and test for stability before each use.

Product Description:

The Free Standing Ballet Bars are available in length variations of 5' and 8' and in wood options of Oak, Poplar and Maple hardwoods. You will find that it stores easily, taking up very little space. Just loosen the easy-grip knob, turning both bases 90 degrees (parallel to the rail) and lean it against the wall. The finish is a deluxe hard powder coating which not only looks great, but is very durable.

Kit Includes:

1. Two gray bases with chrome staffs
2. One rail 5' or 8' long of Poplar, Oak or Maple
3. Parts pack of (8) #10 - 3/4" oval headed Phillips screws.



Tools Required for the Free Standing Ballet Bar:

1. Electric screwdriver with a Phillips head bit or a hand held Phillips screwdriver

AboutBallet.com Product Specifications/Installation Sheet

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Product Installation for the Free Standing Ballet Bar:

- 1. Installation is best done with two individuals. Place the rail on the floor with the screw holes up. Helpful Hint: it is best to rub either wax (from a candle) or soap (from a bar of soap) on the screw threads. This is especially necessary if you have ordered an oak rail. This allows the screws to go in easier and holds them from working loose.**
- 2. Remove the chrome staff from the gray base by loosening the handle and place it on the rail. Align the holes in the staff with the holes on the rail. Drive the Phillips head screws with an electric screwdriver or a hand screwdriver. Start all four of the screws first and then screw them in halfway. Alternate tightening the screws and do the final tightening in an alternating pattern. Do the same to the other chrome staff. While the rail is still on the floor, look along the rail to see that the staffs are parallel with each other. If not, loosen one of the staffs and re-tighten while aligning the staffs.**
- 3. Insert the staffs in the bases. Place the rail at the desired height (standard 42" for adults) and tighten the black easy-grip knobs. You will find indentations in the staff to aid you in properly setting both sides evenly.**

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****IMPORTANT****

Product Limitations:

This unit is designed to aid in balance during dance and stretch exercises. *DO NOT HANG OR SWING ON THIS EQUIPMENT!!!* Severe injury may occur.

Guarantee:

equipment is guaranteed for a period of one year from the date of invoice against faulty manufacturing or defects in material. The seller's sole obligation under this warranty shall be to repair or, at its discretion, replace at its expense any defective part or parts. Material claimed defective must be returned prepaid by customer to us for examination, if requested. Damage caused by extreme usage or misuse will not be covered.